

# SLEEPING LADY

## MOUNTAIN RETREAT

### **Your Stay At Sleeping Lady**

Welcome to Sleeping Lady Mountain Retreat! It's our pleasure to have you as our guest. To make you feel more at home we've provided the following information about our operations and policies. If you have any questions, please contact your group's conference coordinator or, while you are staying with us, the Front Desk.

**Check-in time is 3:00 p.m. ; Check-out Time is 11:00 a.m.**

In deference to incoming guests, we appreciate your cooperation in observing this time.

#### **Registration & Gift Shop**

Sleeping Lady's front desk and Gift Shop are staffed 24 hours a day.

#### **No-Smoking Policy**

Sleeping Lady is a no-smoking facility indoors and out. Our priority is to keep indoors and outdoors fresh for all guests, and grounds fire-safe and litter-free. Guests who elect to smoke in the rooms will be charged a \$150 minimum cleaning fee on their bill or through their group leader. Please help us keep Sleeping Lady smoke free!

#### **Footwear**

Due to the four seasons experienced in Central Washington, non-slip footgear is essential. For your comfort and safety, high heels are strongly discouraged.

#### **Luggage Carts**

Luggage carts are available directly outside the main office for the convenience of our guests.

#### **Vehicles**

Please park your car in the guest parking lot. Bikes are welcome, but no motor vehicles may be driven on site.

#### **Woodland Rock Pools**

Our boulder-lined swimming pool is open 24 hours a day seasonally, typically May through September. The adjoining hot pool is heated year-round. Swimsuits required for both pools.

#### **Massage**

If you'd like to schedule a massage, please call extension 383 at Sleeping Lady to leave a message for our massage therapists. Advance (24 hour) reservations are recommended.

#### **Sauna**

The Sauna is open 24 hours a day and is located at the west end of the site.

#### **Grasshopper Fitness Room & Coin Laundry**

Features cardiovascular, weight and stretching equipment, table tennis, coin operated washer and dryer, changing rooms and shower. Open 24 hours, use room key for access.

#### **Bicycles**

Four bikes are available for rent from Sleeping Lady's front desk, and additional bikes are available from commercial enterprises in Leavenworth.

#### **Snowshoes and Cross-Country Skis**

Snowshoes and cross-country ski equipment is available for rent from Sleeping Lady's front desk.

#### **Pets**

We regret we are not able to accept pets. Those with allergies to cats should note that Sleeping Lady hosts three cats, two of whom -- Kiska and Marmalade -- have been with the facility since before it opened. Most of their indoor time is spent in the Registration area, although they will sometimes ask to be invited into a guest room in cold weather.