

Media Contacts:

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SLEEPING LADY: FACT SHEET

Situated just outside the town of Leavenworth in Washington State's Cascade Mountains and nestled peacefully into the evergreen forest on the banks of Icicle Creek, Sleeping Lady Mountain Resort celebrates the natural environment by offering guests and groups a unique stay accented by invigorating activities and sustainable gourmet dining.

Owner: Northwest local Harriet Bullitt
Built: Many structures on the property date back to the 1930s
Renovations: 1995, 2008, 2009, 2010
Architect: Jones & Jones of Seattle
Check-in / Check-out: Check-in is 3 p.m. / Check-out is 11 a.m.
Reservations: Call (800) 574-2123 or visit www.sleepinglady.com
Address: 7375 Icicle Road, Leavenworth, WA 98826

Room Descriptions

Guest rooms, which are arranged 6-10 to a cluster, take their names from nearby natural features that give them their unique character. There are six clusters, including the Cottonwood, Rock, Pond, Meadow, Fountain, and Forrest. Sleeping Lady also offers two stand-alone cabins, the Rookery and Eyrie. All guest rooms feature private baths and a warm, welcoming décor that reflects the mountain elegance of Sleeping Lady's architecture.

- **Loft Room** – Loft rooms feature one queen-sized bed and one twin-sized bed on the main floor with one full-sized bed in an overhead loft, which is accessible by ladder. Loft rooms can accommodate up to five people.
- **Alcove Room** – Alcove rooms feature one queen-sized bed and one twin-sized bed in an alcove. Alcove rooms can accommodate up to three people.
- **Double Alcove Room** – Double Alcove rooms feature one queen-sized bed and two twin-sized beds in alcoves. Double Alcove rooms can accommodate up to four people and are ideally suited to families with children.
- **Canine Companion Room** – Canine Companion rooms feature one queen-sized bed and one double-decker bunk bed. Canine Companion rooms can accommodate up to four people and are ideally suited to families with children and a furry friend.
- **The Rookery (stand alone cabin)** – Set on Woodpecker Hill, The Rookery offers a more secluded experience and features a bunkroom with double-decker bunk beds, two showers, a small refrigerator and a private deck. The Rookery accommodates groups of up to eight people.
- **The Eyrie (stand alone cabin)** – Perched on Woodpecker Hill, The Eyrie offers a romantic and private setting. The Eyrie features one king-sized bed, a whirlpool bath surrounded by hand-painted tiles, and a charming seating area with cozy leather chairs surrounding a wood stove. The Eyrie accommodates two people and is the perfect setting for honeymoons, anniversaries, luxurious weekend getaways or other special occasions.

In-Room Amenities

All guest rooms have private baths and reflect the mountain elegance of Sleeping Lady. Various configurations can accommodate one to eight people.

In addition, guest rooms also feature:

- Hand-hewn log beds and desks

- Cozy down comforters and luxurious linens
- Heated towel racks
- Windows opening to the dark starry night and morning sunshine
- Coffee makers with a selection of organic and Fair Trade coffee and teas. Sleeping Lady proudly serves Batdorf & Bronson Coffee and Harney & Sons Fine Teas
- Complimentary Wi-Fi Internet access and network connections
- Telephones with voicemail
- Alarm Clock Radio with MP3 Port
- Robes
- Hairdryers
- EO Shampoo, Conditioner and Shower Gel, made with organic ingredients
- By design, guest rooms do not have televisions, refrigerators or mini bars
- Sleeping Lady is a smoke-free environment and ADA compliant

Meeting Facilities

As specialists in conference and retreat planning, Sleeping Lady creates a setting that is sure to spark the imagination and productivity of groups while maintaining high standards for sustainability.

Sleeping Lady features:

- Human-scaled architecture in harmony with nature
- Rooms filled with natural light with windows that open
- Fully appointed meeting spaces with natural wood flooring
- Meeting supplies, including tablets and pens, that are made from recycled materials
- Healthful and sumptuous fine dining and beverage breaks served in a community atmosphere
- A serene mountain setting where the natural landscape is preserved

Inclusive pricing for conferences and meetings allows Sleeping Lady to deliver these essential ingredients with one comprehensive rate. Conference rates include lodging, meals, meeting space, basic audio-visual equipment and supplies, and beverage breaks. Sleeping Lady's conference coordinators are available to help plan and manage every aspect of each meeting.

Dining

Organic and locally sourced ingredients, many from Sleeping Lady's own Organic Garden, are the focus of menus featuring the best of Northwest cuisine.

- **Kingfisher Dining Lodge** – Serving breakfast, lunch and dinner in a community-enhancing environment with European-style seating. Emphasizing the freshest produce supplemented with seasonal offerings from Sleeping Lady's own Organic Garden, Kingfisher's menu offers the best of Northwest poultry, fish, meat and produce. All seafood is wild and sustainably harvested when in season and available, with an emphasis on the use of local and regional sources. All meat comes from various Northwest farms and is produced naturally without antibiotics or hormones.
- **The Grotto** – An intimate after-hours meeting place with a wood-burning fireplace and petroglyph-laced rock walls. The Grotto also features an outside terrace and fire pit. Serving a selection of beer, wine and spirits.
- **O'Grady's Pantry** – Featuring espresso, soups, salads, sandwiches, desserts, ice cream and a fine selection of beer, wine and spirits.

Sustainable Features

Sleeping Lady Mountain Resort has long been known for its sustainable and ecologically-minded practices. From composting food to using the earth's natural warmth to heat buildings, Sleeping Lady is committed to preserving the natural environment.

- 28,000 linear feet of Trex decking made from recycled plastic bags and wood scraps

- Geo-exchange system supplies heating and cooling through underground tubes insulated in the earth
- Reclaimed wood sourced on site
- An organic garden that provides ingredients for the kitchen and composting of organic kitchen waste
- Energy saving compact fluorescent lights and occupancy sensors control lighting where appropriate
- Electric vehicles used by maintenance staff
- Water-conserving fixtures in bathrooms, including tap aerators and low-flow shower heads and toilets
- Water based paints and stains used throughout the property

Activities

During spring, summer and fall, guests can enjoy a myriad of outdoor activities from hiking and biking, to fishing, nature walks, horseback riding, whitewater rafting, wine tasting and more. During the winter months, guests can experience sleigh rides, downhill and cross-country skiing, and snow-shoeing.

- **Woodland Rock Pools** – Sleeping Lady's elegant and natural rock-lined swimming pool is open seasonally, typically May through September. An adjoining hot pool is heated year-round.
- **Solstice Spa at Sleeping Lady** – Enjoy a relaxing massage, facial or body treatment in one of the new private treatment rooms.
- **Sauna** – The sauna is open 24 hours a day and is located at the west end of the property.
- **Fitness Room** – Features cardiovascular, weight and stretching equipment and adjacent changing rooms and showers.
- **Pets** – Roki, Sleeping Lady's resident Icelandic Shepard welcome guests upon arrival.
- **The Library** – A relaxing space to find a good book and unwind.
- **Organic Garden** – Take a stroll through the organic garden at Sleeping Lady, which produces much of the produce used in the restaurants.
- **Self-Guided Art Walk** – Enjoy the relaxing combination of nature and art with a self-guided art walk.

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SLEEPING LADY: HISTORY

Sleeping Lady and the land it occupies enjoy a rich and storied past. From the area's Native American roots, to the 1930s when it was home to Camp Icicle and the Civilian Conservation Corps, to its role today as a leading Northwest destination – Sleeping Lady embodies the natural beauty and history of Leavenworth and the Wenatchee Valley.

1800s to 1900s: Na-sik-elt

Known as "Na-sik-elt", or Narrow Bottom Canyon, families of the Yakama and P'squosa Native American tribes were the first human inhabitants of the site that eventually became Sleeping Lady. The P'squosa tribe is now recognized by the Yakama name for them – Wenatchi. For generations, the tribes residing in the area enjoyed some of the richest fishing grounds in the mid-Columbia River basin. Although a series of circumstances forced them to leave the canyon, there are many Native Americans who continue to have deep historical ties to the site.

Settlers came to the valley in the late 1800s. Among these early pioneers were George and William Brisky, Mr. & Mrs. F. D. Estes, Nicholas Kincherf, David C. Wilson, Miss Mary Ralston and Franklin A. Losekamp, who built the Icicle Post Office and store on the south side of the Wenatchee/Icicle River confluence.

1930s to 1940s: Civilian Conservation Corps

From 1934 to 1942, the site was known as Camp Icicle and was home to the 983rd Company of the Civilian Conservation Corps (CCC). Camp Icicle was constructed with help from local residents and carpenters. The barracks and buildings were designed to house 200 young men and many of these structures remain on the site today. The accomplishments of the 983rd Company include construction of the ski lodge at Leavenworth and the original lodge at Stevens Pass, as well as 22 local buildings, 20 bridges and the placement of over 1,000 signs and markers.



1940s to 1950s: Icicle River Ranch

In 1946, the CCC cabins were redeveloped into a private, family-oriented ranch named Icicle River Ranch. Its owners, Wilfred and Geraldine Davy, remodeled some of the barracks by removing ends or middle sections to create smaller cabins. A stay for the "summer ranchers" at the Icicle River Ranch included organized pack team trips to the high country with cooks, guides and even musicians. Horses were kept in the large meadow during the summer and moved down to the Columbia Basin in winter.

1950s to 1990s: Camp Field

The property was sold in 1957 to the Yakima Diocese of the Roman Catholic Church and renamed Camp Field. The site operated as a camp for young people ages eight and up from 1957 to 1982. The chapel and seven new dormitories were constructed between 1964 and 1965 and the Camp Icicle cabins were again renovated. These renovations allowed the camp to begin dual operations as both a summer camp and an off-season retreat for adults.

About the time Camp Field began operations, Father Joseph O'Grady from Boston, a young Irish priest, was banished to the upper Leavenworth Valley for permitting students to question their theology in the Spokane high school where he had been a teacher.

Before long the camp was alive with children. There were horses in the pastures, a swimming pool, a ball field, an archery range and a camp fire circle for outdoor services. Every child who brought a musical instrument to camp was encouraged to bring it to the chapel to accompany Sunday Mass.

The Diocese discontinued operation of the summer camp and in 1982, began operating the site year-round as the Camp Field Retreat and Conference Center. Camp Field was the site of many family reunions, non-profit retreats and religious gatherings.

1990s to Present: Sleeping Lady

The Diocese put the property up for sale in 1991 and Harriet Bullitt, longtime owner of adjoining property, purchased all 67 acres to preserve the land. She then made plans to redevelop the older buildings into an environmentally friendly conference facility and mountain retreat. She engaged Jones & Jones Architects and landscape architects to design the retreat.

Bullitt named the property Sleeping Lady after the mountain profile above the narrow valley. Eighteen buildings, which had been a part of Camp Field, were included in the purchase. Conservation and historical and environmental considerations saved all of the buildings for the new site plan. Five buildings including the Eyrie, Rookery, Grotto, Chapel and Flicker, remain in their original locations. Thirteen buildings from the Camp Field operation were moved to fit the new site plan. All of the buildings were remodeled to meet or exceed current building and energy codes. New buildings were constructed to blend in with the original style and the land was planted with native vegetation.

In January 1993, the business was incorporated as Sleeping Lady, Inc. and in April 1994, restoration and construction began. The 18 buildings that were original to the site remain today with new construction bringing the total to 44 finished buildings.

Sleeping Lady opened by hosting Icicle Creek Music Center's first annual Icicle Creek Chamber Music Festival in August 1995. Since that auspicious beginning, there have been over 1,000 events and happenings at Sleeping Lady including conferences, meetings, concerts and theatrical performances.

A second phase of development began in 1998 and involved the addition of the Fountain Cluster with ten additional housing rooms, an expansion of Kingfisher Dining Lodge and the addition of the Quail and Tadpole meeting rooms. The Grasshopper Fitness Room was also added and O'Grady's Pantry Deli opened to the public.

In 2001, the development of the Icicle Creek Music Center (ICMC) facility began. The development was completed in 2003 and involved a remodeled and expanded office for the ICMC and the Icicle Fund, including meeting rooms and practice spaces for staff and students and also included the Canyon Wren Recital Hall.

In 2003, O'Grady's was expanded to accommodate increased use and KOHO Broadcasting Studios added a news room and sales office. The organic garden was improved to add to the enjoyment of guests as well as to supply continued benefit to the dining outlets by providing organic herbs, salad greens, vegetables and berries. In 2004, a greenhouse was constructed to extend the growing season of the organic garden.

In 2007, the fitness room was moved to a new location, adjacent to the Sauna building, a more central location for Sleeping Lady's guests. The Mercantile, an extension of the gift shop opened in the former fitness space within O'Grady's Pantry. All of the major facilities on the 67-acre campus of Sleeping Lady and the Icicle Creek Music Center were connected with fiber optics for the efficient use of internet connections as well as communications.

In October of 2008, Harriet met with John Paul Jones of Jones & Jones Architects to explore the idea of redefining the Kingfisher Dining Lodge and the Front Desk area, along with the possibility of building a new recreational building. As those ideas took shape, a plan was put in place to remodel the Kingfisher Dining Lodge with work to commence in the spring and summer of 2009, followed by the front desk remodel.

The Kingfisher Dining Lodge remodel was completed in July of 2009. Some of the features include the addition of a bar, the replacement of the serving line with a serpentine copper and stainless steel servery, a LaCornue range and oven and a bread/pizza oven behind the line. A separate salad bar and dessert bar were added to enhance the dining experience.

It was decided to enter into a partnership with Solstice Spa to add additional spa services to Sleeping Lady's guests. The existing sauna was removed from the building and a new white cedar dry heat sauna was built on the deck of the existing building. The changes to the spa building and the new sauna were completed by the end of summer in 2009.

The front desk remodel was completed in mid September of 2009. The guest service area was opened up creating a more relaxed and efficient area for check in and check out. The gift shop was recreated to offer the guests a boutique area for purchases and a business center was added.

Excavation and construction began on the recreation building in October of 2009. This building will offer recreation opportunities for guests of all ages. The building features a small stage for children to act out puppet shows or plays or can be used to view movies and other activities. There is an area for arts and crafts as well as billiards and table tennis. The building is shaped like a traditional barn and will be named the "Play Barn." This building is scheduled to be finished by the summer of 2010.



About the Owner, Harriet Bullitt

Harriet Bullitt, developer, owner and CEO of Sleeping Lady Mountain Resort, is a multi-talented entrepreneur and supporter of the arts and environmental conservation. She is the daughter of Alexander Scott Bullitt and Dorothy Stimson, early Northwest community leaders.

With her sister Priscilla, she assumed leadership of the KING Broadcasting Company, founded by her pioneering mother, Dorothy Stimson, in the mid 1940s. King Broadcasting was the first television station in the West, and grew to a chain of radio, TV and cable stations throughout the Northwest. Ms. Bullitt also founded *Pacific Northwest Magazine* (now *Seattle* magazine) and *Pacific Search Press*, which she sold in 1990.

Bullitt purchased the land for Sleeping Lady, adjacent to family property owned since the 1930s, to protect the land from over development. Sleeping Lady opened in August of 1995.

In 1999, Ms. Bullitt returned to her interest in broadcasting by founding Leavenworth's own KOHO FM radio, purchasing Lake Chelan station KOZI, and creating the Icicle Broadcasting Company. She recently created the Icicle Fund, a charitable foundation to support the arts and environmental protection in the upper Wenatchee Valley.

Her varied interests have included seaplane and glider flying, competitive fencing (New England champion and US national finalist in the 1950s), scuba diving, Icelandic horses and flamenco dancing. She celebrated her 60th birthday by finishing an Iron Man race in the Lake to Leavenworth Quadrathlon. Her civic activities have included board membership with the Seattle Pacific Science Center, Oregon Museum of Science & Industry, The Nature Conservancy, Reed College, Volunteers for Outdoor Washington, Icicle Creek Music Center, the Icicle Creek Watershed Council, the Bullitt Foundation and the National Audubon Society.

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THE ORGANIC GARDEN AT SLEEPING LADY



The Organic Garden at Sleeping Lady offers guests and visitors a unique place to stroll and enjoy nature. The certified organic two-acre garden also provides produce to Sleeping Lady's restaurants, The Kingfisher Dining Lodge and O'Grady's Pantry, as well as fresh flowers and herbs. A gazebo built with natural gnarled wood beams provides a relaxing atmosphere for visitors to enjoy the surroundings.

Certified organic by the Washington State Department of Agriculture in 1996, the Organic Garden is managed by an expert staff that uses only environmentally-friendly gardening techniques. In addition to using natural fertilizers and regularly rotating crops to improve the soil, the garden staff also works to attract environmentally beneficial insects, such as bees and ladybugs, to maintain the health and sustainability of the garden. Currently, the gardening team is preparing to extend the growing season through the use of a greenhouse and cold frames, which would provide fresh, local and organic produce to Sleeping Lady's culinary team on a year-round basis.

Produce grown in the Organic Garden currently includes:

- Vegetables: Onions, leeks, scallions, carrots, beets, celery, celeriac, turnips, radishes, parsnips, beans, peas, peppers, eggplant, tomatoes, tomatillos, zucchini, kale, swiss chard, cabbage, head lettuce, salad greens, fennel, cucumbers, broccoli, bak choi, corn, winter squash, pumpkins and brussel sprouts.
- Herbs: Basil, lemon balm, lemon verbena, rosemary, parsley, thyme, oregano, sage, chives, mint, lavender, tarragon, chervil, cilantro, cat mint, valerian, dill, bee balm and lovage.
- Fruit: Strawberries, blueberries, currants, raspberries, melons, grapes, quince and plums.

Flowers grown in the Organic Garden currently include:

- Sunflowers, dahlias, nasturtiums, echinacea, gaillardia, rudbeckia, zinnias, cosmos, irises, lilies, creeping thyme, hollyhocks, decorative grasses, snap dragons, marigolds, daisies, daffodils, roses, poppies, curly willow, clematis, flowering sage, and many more varieties.

The menus at Sleeping Lady are often inspired by what's in season at the Organic Garden. The garden team harvest fresh ingredients daily and deliver cleaned and prepared produce directly to the kitchen for inclusion in the day's meals. Crops are rotated constantly to ensure that the soil does not become depleted and to provide an ever-changing selection of ingredients. The garden also hosts several wine and cheese tastings during the spring and summer months.

Additionally, the Organic Garden is one of the best locations for observing wildlife at Sleeping Lady. Deer are often spotted grazing nearby and many bird species – including humming birds, black birds, purple finches, tanagers and robins – call the garden home. Sleeping Lady is located along the migration routes of several types of birds and offers enthusiasts unparalleled bird watching, particularly in the months of May and June.

The Organic Garden is open to the public daily. The best time to visit is during the spring and summer growing seasons, from April to September, during daylight hours. To arrange a tour or to learn more about Sleeping Lady, call (509) 548-6344 or visit www.sleepinglady.com.

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KENNETH MACDONALD, EXECUTIVE CHEF



Kenneth MacDonald joined Sleeping Lady as Executive Chef in August 2008, bringing with him more than 20 years of culinary experience. Originally hailing from Glasgow, Scotland, MacDonald has led culinary operations for hotels and restaurants across the globe. From the City Tattersals Members Club in Sydney, Australia to the Pan Pacific Sonargoan Hotel in Dhaka, Bangladesh to several hotels throughout both South Africa and India – MacDonald has cooked for royalty, celebrities and heads of state. Most recently, MacDonald led the kitchens at the Esteban Restaurant at the Casa Munras Hotel in Monterey, California.

“We are elated to have a chef of this caliber at Sleeping Lady,” said Harriet Bullitt, CEO and owner of Sleeping Lady. “Chef MacDonald’s international background, deep expertise, and passion for locally sourced and organic ingredients have taken Sleeping Lady’s culinary offerings to the next level,” Bullitt continued.

Under MacDonald’s guidance, the Kingfisher Dining Lodge enhanced service offerings, including pre-set linens and cutlery, served beverages and select plated menu items (rather than buffet style) along with the addition of action stations, including an omelet bar and carving station. Organic and locally sourced ingredients, many from Sleeping Lady’s own two-acre organic garden, continue to be a highlight of the menu.

“The Northwest’s abundance of wonderful ingredients like wild salmon, organic tomatoes and locally grown herbs, help me highlight the very best of the region for our guests,” said Chef MacDonald.

MacDonald also started a series of harvest dinners at Sleeping Lady’s newly renovated Kingfisher Dining Lodge, at which guests can meet local farmers and purveyors for an evening of local food and wine. The harvest dinners, which take place each month, highlight seasonal cuisine and, when weather permits, include a tour of the Organic Garden, where Sleeping Lady grows much of their own fruits, vegetables, herbs and flowers.

“Between the produce grown in our Organic Garden and the incredible cheese and wine that’s made locally, we’re connecting our guests with the unique food community that makes this area such an incredible place to visit,” said MacDonald.

When not creating culinary magic for Sleeping Lady’s guests, Ken can be found pursuing local farmer’s markets, hunting down and playing rare soul 45s and exploring northern Washington with his family.

For reservations and more information about dining at Sleeping Lady, call 1-800-574-2123 or visit www.sleepinglady.com.

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