

**E**nvironmental conservation and a reverence for the natural landscape of Icicle Canyon are essential elements of Sleeping Lady's mission and vision. We aspire to be models for both the eco-building and ecotourism industries, and to demonstrate the benefit of conservation in our daily operations.

Sleeping Lady Mountain Resort is currently pursuing the Leadership in Energy and Environmental Design (LEED) Certification for Existing Buildings (Sleeping Lady was constructed before LEED was established). The LEED Green Building Rating System, developed by the U.S. Green Building Council (USGBC), provides standards for environmentally sustainable building and maintenance. LEED certification is awarded after a rigorous application process which addresses building cleaning and maintenance, recycling, exterior maintenance and systems upgrades.

### *Environmentally sustainable features at Sleeping Lady include:*

#### **Energy & Lighting**

- Sleeping Lady's facilities are designed to be as energy efficient as possible. Energy saving compact fluorescent lights and occupancy sensors control lighting where appropriate.
- In addition to electricity, small quantities of propane are used in Sleeping Lady's kitchen and to supplement the solar panels that warm the woodland pools.

#### **Heating & Cooling**

- To help heat water, Sleeping Lady uses a Therma-Stor heat pump. This heat recovery system extracts heat from the kitchen and laundry and transfers it to heat water efficiently and economically, while also cooling and dehumidifying hot spots above the oven, dishwasher and dryer.
- Building insulation used at Sleeping Lady is composed of a material made from ground computer paper and cardboard boxes. It is blown into the walls with a water-based, fire-retardant binder that is non-toxic.
- Sleeping Lady's energy efficient windows were made by the Pella Company from small pieces of finger-jointed wood (rather than old growth wood), like many other high quality windows.
- Sleeping Lady's air-to-air heat exchanger is an energy conservation system used at various locations throughout Sleeping Lady that exchanges warm indoor air with cooler outdoor air while capturing and reusing some of the indoor heat.
- A geo-exchange system supplies heating and cooling through underground tubes insulated by the earth.

#### **Laundry & Housekeeping**

- Laundry can be one of the highest energy and water users in the hotel industry. To conserve these resources and give our guests greater privacy, bed linens are only changed upon request. Bed linens are laundered on-site without the use of chlorine, and this helps reduce incidents of chemical sensitivity.
- Sleeping Lady uses non-toxic cleaning products, such as those made by Bi-O-Kleen, to clean guest rooms. These products are remarkable for their combination of cleaning power and environmentally safe ingredients. Bi-O-Kleen is a socially responsible manufacturer and provides honest, informative labeling and packaging in 100% post-consumer waste bottles.

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## **Kitchen & Dining**

- An on-site, two-acre organic garden provides many ingredients for Sleeping Lady's kitchens – including fresh fruits, vegetables and herbs. Additionally, organic kitchen waste is composted on-site to reduce waste.
- Glass tables in the Grotto are made from recycled plate glass by the Peter David Studio of Seattle.
- Sleeping Lady uses high quality Columbian coffees from Caffé Appassionato. These coffees are shade grown under the canopy of diverse tree species to protect the soil from erosion and conserve the habitats of migratory birds. Caffé Appassionato also donates a portion of its profits to conservation organizations.
- O'Grady's Pantry serves certified organic coffees and Fair Trade Certified TM Batdorf & Bronson teas.

## **General**

- Floors throughout Sleeping Lady are mostly wood, rather than carpet, and are made from sustainably harvested maple and fir or recycled fir. Bathroom floors are made of Marmoleum®, a composite of linseed oil and plant fibers that provides a natural and nostalgic alternative to plastic.
- Decking around the buildings is composed of 28,000 linear feet of Trex, a recycled product. An alternative to cedar, Trex weathers to a silver gray and is made from plastic grocery bags and hardwood scraps. Compressed under heat and pressure, Trex is dense and heavier than wood. Made with non-toxic binders, Trex is maintenance free, relatively non-slip and needs no finishing. Other Trex clients include Disney World, Atlantic City and Mount Rushmore National Memorial.
- Native plants have been used for all landscaping at Sleeping Lady. Because native plants are better adapted to tolerate the dry Eastern Washington climate, irrigation water is conserved.
- Pool furniture is from Barco Outdoor Products and is made from recycled plastic which is more cost effective over time than wood, provides exceptional resistance to corrosive substances, insects, moisture, and UV exposure and is maintenance-free.
- Electric vehicles are used exclusively by the maintenance staff.
- Non-toxic water-based paints and stains are used throughout Sleeping Lady.
- Even Sleeping Lady's pencils are made from sustainable yield forest wood and recycled pine.

## **Guest Rooms**

- Guest room furnishings at Sleeping Lady are from Chicken & Egg of Seattle and were handcrafted from Northwest Douglas Fir. Logs were obtained from Western Washington tree farms through a selective thinning process. Chicken & Egg donates profits to various organizations, including Long Live the Kings, which restores salmon habitat, Children's Trust Foundation and Cities in Schools.
- Shampoo, shower gel, hand soap and lotion are provided by Essential Oils (EO), and are made in small batches in Marian County, California. Crafted with the finest essential oils and highest quality ingredients, EO products are plant based, sodium lauryl/laureth sulfate free and cruelty free. EO is a family owned green business and a California Certified Organic Manufacturer.
- Shampoo and soap dispenser are used in Sleeping Lady's guest rooms to reduce the amount of trash associated with individual amenity packaging (i.e. individual shampoo bottles and soap boxes).
- Bathrooms at Sleeping Lady feature water-conserving fixtures, including tap aerators and low-flow shower heads and toilets.